

October Is Eye Health Month

- Did you know that 1 in 6 children have a vision problem that could lead to learning disabilities? All school aged children should have their eyes examined annually.

- Did you know that Computer Vision Syndrome is effecting more people every year. The highest increasing rate is in women.

October is Eye Health Month which brings awareness to an often overlooked aspect of your family's health care. Most people find time to visit their family doctor for an annual physical, to take their children to their annual dentist visits, but are you and your family overdue for a trip to your Eye Care Professional's office? Vision care is often neglected when In reality, how much could we actually accomplish in a day without the precious gift of sight?

This year be proactive when it comes to your family's vision health. Start today by contacting one of the 3 O's (Opticians, Optometrists and Ophthalmologists) to talk about your family's eye health.

Be Kind To Your Eyes - Book your eye exam today.

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